



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Monika Schaefer

Number: 858

Course: 24.90 km
24,9 km - Wanderung

Category:
Frauen

Total time: 4:28:55

Speed: 5.35 km/h
Running performance: 10:47 min/km

Rank in course/Total: 33 (of 70)

Rank in course/Women: 18 (of 46)

Best time in course: 3:23:21

Rank in category: 18(of 46)

Best time in the category: 3:23:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	44:55	10:57	16	9:04	16	9:04	4.10	44:55	10:57	16	9:04	16	9:04
Plessenburg	2.40	24:48	10:20	17	5:49	17	5:49	6.50	1:09:43	10:43	17	14:44	17	14:44
Oehrenfeld	3.40	33:59	9:59	17	9:24	17	9:24	9.90	1:43:42	10:28	17	23:00	17	23:00
Ilsestein	4.80	52:37	10:57	16	11:11	16	11:11	14.70	2:36:19	10:38	18	33:58	18	33:58
Plessenburg	2.30	26:52	11:40	19	7:51	19	7:51	17.00	3:03:11	10:46	18	41:49	18	41:49
Oehrenfeld	3.40	36:26	10:42	19	15:21	19	15:21	20.40	3:39:37	10:45	18	57:02	18	57:02
Ilseburg/Markt	4.50	49:18	10:57	20	14:43	20	14:43	24.90	4:28:55	10:47	18	1:05:34	18	1:05:34