



53. Brockenlauf  
Ilseburg / 07.09.2024

Detailed evaluation

Jessica Polley

Number: 852

Course: 24.90 km  
24,9 km - Wanderung

Category:  
Frauen

Total time: 4:29:14

Speed: 5.35 km/h  
Running performance: 10:48 min/km

Rank in course/Total: 34 (of 70)

Rank in course/Women: 19 (of 46)

Best time in course: 3:23:21

Rank in category: 19(of 46)

Best time in the category: 3:23:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	47:45	11:38	24	11:54	24	11:54	4.10	47:45	11:38	24	11:54	24	11:54
Plessenburg	2.40	25:51	10:46	21	6:52	21	6:52	6.50	1:13:36	11:19	21	18:37	21	18:37
Oehrenfeld	3.40	34:47	10:13	19	10:12	19	10:12	9.90	1:48:23	10:56	19	27:41	19	27:41
Ilsestein	4.80	55:07	11:28	19	13:41	19	13:41	14.70	2:43:30	11:07	19	41:09	19	41:09
Plessenburg	2.30	27:00	11:44	20	7:59	20	7:59	17.00	3:10:30	11:12	19	49:08	19	49:08
Oehrenfeld	3.40	34:15	10:04	17	13:10	17	13:10	20.40	3:44:45	11:01	19	1:02:10	19	1:02:10
Ilseburg/Markt	4.50	44:29	9:53	14	9:54	14	9:54	24.90	4:29:14	10:48	19	1:05:53	19	1:05:53