



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Darline Gapke

Number: 807

Course: 24.90 km
24,9 km - Wanderung

Category:
Frauen

Total time: 4:54:41

Speed: 4.89 km/h
Running performance: 11:50 min/km

Rank in course/Total: 45 (of 70)
Rank in course/Women: 26 (of 46)
Best time in course: 3:23:21

Rank in category: 26(of 46)
Best time in the category: 3:23:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	48:21	11:47	25	12:30	25	12:30	4.10	48:21	11:47	25	12:30	25	12:30
Plessenburg	2.40	26:00	10:50	23	7:01	23	7:01	6.50	1:14:21	11:26	25	19:22	25	19:22
Oehrenfeld	3.40	38:48	11:24	26	14:13	26	14:13	9.90	1:53:09	11:25	22	32:27	22	32:27
Ilsestein	4.80	57:51	12:03	28	16:25	28	16:25	14.70	2:51:00	11:37	25	48:39	25	48:39
Plessenburg	2.30	27:48	12:05	28	8:47	28	8:47	17.00	3:18:48	11:41	25	57:26	25	57:26
Oehrenfeld	3.40	44:42	13:08	38	23:37	38	23:37	20.40	4:03:30	11:56	26	1:20:55	26	1:20:55
Ilseburg/Markt	4.50	51:11	11:22	27	16:36	27	16:36	24.90	4:54:41	11:50	26	1:31:20	26	1:31:20