



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Sahra Hahn

Number: 813

Course: 24.90 km
24,9 km - Wanderung

Category:
Frauen

Total time: 4:56:29

Speed: 4.86 km/h
Running performance: 11:54 min/km

Rank in course/Total: 46 (of 70)
Rank in course/Women: 27 (of 46)
Best time in course: 3:23:21
Rank in category: 27(of 46)

Best time in the category: 3:23:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	48:29	11:49	28	12:38	28	12:38	4.10	48:29	11:49	28	12:38	28	12:38
Plessenburg	2.40	26:17	10:57	26	7:18	26	7:18	6.50	1:14:46	11:30	28	19:47	28	19:47
Oehrenfeld	3.40	39:39	11:39	31	15:04	31	15:04	9.90	1:54:25	11:33	28	33:43	28	33:43
Ilsestein	4.80	57:10	11:54	23	15:44	23	15:44	14.70	2:51:35	11:40	27	49:14	27	49:14
Plessenburg	2.30	36:14	15:45	42	17:13	42	17:13	17.00	3:27:49	12:13	32	1:06:27	32	1:06:27
Oehrenfeld	3.40	37:12	10:56	20	16:07	20	16:07	20.40	4:05:01	12:00	29	1:22:26	29	1:22:26
Ilseburg/Markt	4.50	51:28	11:26	29	16:53	29	16:53	24.90	4:56:29	11:54	27	1:33:08	27	1:33:08