



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Susanne Donner

Number: 800

Course: 24.90 km
24,9 km - Wanderung

Category:
Frauen

Total time: 4:56:30

Speed: 4.86 km/h
Running performance: 11:54 min/km

Rank in course/Total: 48 (of 70)

Rank in course/Women: 28 (of 46)

Best time in course: 3:23:21

Rank in category: 28(of 46)

Best time in the category: 3:23:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	48:54	11:55	32	13:03	32	13:03	4.10	48:54	11:55	32	13:03	32	13:03
Plessenburg	2.40	25:51	10:46	21	6:52	21	6:52	6.50	1:14:45	11:30	27	19:46	27	19:46
Oehrenfeld	3.40	39:41	11:40	33	15:06	33	15:06	9.90	1:54:26	11:33	29	33:44	29	33:44
Ilsestein	4.80	57:13	11:55	25	15:47	25	15:47	14.70	2:51:39	11:40	29	49:18	29	49:18
Plessenburg	2.30	36:09	15:43	40	17:08	40	17:08	17.00	3:27:48	12:13	31	1:06:26	31	1:06:26
Oehrenfeld	3.40	37:16	10:57	22	16:11	22	16:11	20.40	4:05:04	12:00	31	1:22:29	31	1:22:29
Ilseburg/Markt	4.50	51:26	11:25	28	16:51	28	16:51	24.90	4:56:30	11:54	28	1:33:09	28	1:33:09