



53. Brockenlauf  
Ilseburg / 07.09.2024

Detailed evaluation

Sarina Meyer

Number: 845

Course: 24.90 km  
24,9 km - Wanderung

Category:  
Frauen

Total time: 5:12:01

Speed: 4.62 km/h

Running performance: 12:31 min/km

Rank in course/Total: 57 (of 70)

Rank in course/Women: 36 (of 46)

Best time in course: 3:23:21

Rank in category: 36(of 46)

Best time in the category: 3:23:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	51:57	12:40	35	16:06	35	16:06	4.10	51:57	12:40	35	16:06	35	16:06
Plessenburg	2.40	28:06	11:42	32	9:07	32	9:07	6.50	1:20:03	12:18	34	25:04	34	25:04
Oehrenfeld	3.40	43:41	12:50	38	19:06	38	19:06	9.90	2:03:44	12:29	35	43:02	35	43:02
Ilsestein	4.80	1:04:29	13:26	38	23:03	38	23:03	14.70	3:08:13	12:48	35	1:05:52	35	1:05:52
Plessenburg	2.30	28:52	12:33	31	9:51	31	9:51	17.00	3:37:05	12:46	35	1:15:43	35	1:15:43
Oehrenfeld	3.40	41:49	12:17	32	20:44	32	20:44	20.40	4:18:54	12:41	35	1:36:19	35	1:36:19
Ilseburg/Markt	4.50	53:07	11:48	33	18:32	33	18:32	24.90	5:12:01	12:31	36	1:48:40	36	1:48:40