



53. Brockenlauf  
Ilseburg / 07.09.2024

Detailed evaluation

**Katja Grösser**

Total time: 5:27:31

Club: Die Bitte-nicht-schupsen-wir-haben-einen-Jogger  
Number: 809

Speed: 4.40 km/h

Running performance: 13:09 min/km

Course: 24.90 km

Rank in course/Total: 59 (of 70)

24,9 km - Wanderung

Rank in course/Women: 37 (of 46)

Best time in course: 3:23:21

Category:

Rank in category: 37(of 46)

Frauen

Best time in the category: 3:23:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	53:53	13:08	36	18:02	36	18:02	4.10	53:53	13:08	36	18:02	36	18:02
Plessenburg	2.40	32:27	13:31	38	13:28	38	13:28	6.50	1:26:20	13:16	36	31:21	36	31:21
Oehrenfeld	3.40	42:24	12:28	35	17:49	35	17:49	9.90	2:08:44	13:00	36	48:02	36	48:02
Ilsestein	4.80	1:05:33	13:39	41	24:07	41	24:07	14.70	3:14:17	13:12	38	1:11:56	38	1:11:56
Plessenburg	2.30	30:44	13:21	36	11:43	36	11:43	17.00	3:45:01	13:14	37	1:23:39	37	1:23:39
Oehrenfeld	3.40	43:08	12:41	34	22:03	34	22:03	20.40	4:28:09	13:08	37	1:45:34	37	1:45:34
Ilseburg/Markt	4.50	59:22	13:11	39	24:47	39	24:47	24.90	5:27:31	13:09	37	2:04:10	37	2:04:10