



53. Brockenlauf  
Ilseburg / 07.09.2024

Detailed evaluation

Anne-Kathrin Hentsch

Number: 818

Course: 24.90 km  
24,9 km - Wanderung

Category:  
Frauen

Total time: 6:01:17

Speed: 3.99 km/h  
Running performance: 14:30 min/km

Rank in course/Total: 65 (of 70)

Rank in course/Women: 42 (of 46)

Best time in course: 3:23:21

Rank in category: 42(of 46)

Best time in the category: 3:23:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	1:00:32	14:45	44	24:41	44	24:41	4.10	1:00:32	14:45	44	24:41	44	24:41
Plessenburg	2.40	35:00	14:35	43	16:01	43	16:01	6.50	1:35:32	14:41	43	40:33	43	40:33
Oehrenfeld	3.40	45:37	13:25	39	21:02	39	21:02	9.90	2:21:09	14:15	41	1:00:27	41	1:00:27
Ilsestein	4.80	1:16:30	15:56	43	35:04	43	35:04	14.70	3:37:39	14:48	43	1:35:18	43	1:35:18
Plessenburg	2.30	39:04	16:59	43	20:03	43	20:03	17.00	4:16:43	15:06	43	1:55:21	43	1:55:21
Oehrenfeld	3.40	51:36	15:10	43	30:31	43	30:31	20.40	5:08:19	15:06	43	2:25:44	43	2:25:44
Ilseburg/Markt	4.50	52:58	11:46	32	18:23	32	18:23	24.90	6:01:17	14:30	42	2:37:56	42	2:37:56