



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Jens Landmann

Number: 832

Course: 24.90 km
24,9 km - Wanderung

Category:
Männer

Total time: 4:01:04

Speed: 5.97 km/h
Running performance: 9:40 min/km

Rank in course/Total: 16 (of 70)

Rank in course/Men: 8 (of 24)

Best time in course: 3:24:19

Rank in category: 8(of 24)

Best time in the category: 3:24:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	41:22	10:05	6	5:11	6	5:11	4.10	41:22	10:05	6	5:11	6	5:11
Plessenburg	2.40	22:01	9:10	6	3:06	6	3:06	6.50	1:03:23	9:45	6	7:08	6	7:08
Oehrenfeld	3.40	30:11	8:52	6	5:30	6	5:30	9.90	1:33:34	9:27	5	12:20	5	12:20
Ilsestein	4.80	46:38	9:42	4	4:40	4	4:40	14.70	2:20:12	9:32	5	17:00	5	17:00
Plessenburg	2.30	23:42	10:18	10	4:06	10	4:06	17.00	2:43:54	9:38	5	21:03	5	21:03
Oehrenfeld	3.40	32:30	9:33	10	7:38	10	7:38	20.40	3:16:24	9:37	6	28:41	6	28:41
Ilseburg/Markt	4.50	44:40	9:55	14	8:04	14	8:04	24.90	4:01:04	9:40	8	36:45	8	36:45