



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Hans-Joachim Harnagel

Number: 815

Course: 24.90 km
24,9 km - Wanderung

Category:
Männer

Total time: 4:29:54

Speed: 5.34 km/h
Running performance: 10:50 min/km

Rank in course/Total: 36 (of 70)

Rank in course/Men: 17 (of 24)

Best time in course: 3:24:19

Rank in category: 17(of 24)

Best time in the category: 3:24:19

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Ilsestein | 4.10 | 43:55 | 10:42 | 16 | 7:44 | 16 | 7:44 | 4.10 | 43:55 | 10:42 | 16 | 7:44 | 16 | 7:44 |
| Plessenburg | 2.40 | 23:35 | 9:49 | 12 | 4:40 | 12 | 4:40 | 6.50 | 1:07:30 | 10:23 | 13 | 11:15 | 13 | 11:15 |
| Oehrenfeld | 3.40 | 35:37 | 10:28 | 17 | 10:56 | 17 | 10:56 | 9.90 | 1:43:07 | 10:24 | 18 | 21:53 | 18 | 21:53 |
| Ilsestein | 4.80 | 52:52 | 11:00 | 15 | 10:54 | 15 | 10:54 | 14.70 | 2:35:59 | 10:36 | 17 | 32:47 | 17 | 32:47 |
| Plessenburg | 2.30 | 25:28 | 11:04 | 16 | 5:52 | 16 | 5:52 | 17.00 | 3:01:27 | 10:40 | 16 | 38:36 | 16 | 38:36 |
| Oehrenfeld | 3.40 | 38:46 | 11:24 | 18 | 13:54 | 18 | 13:54 | 20.40 | 3:40:13 | 10:47 | 17 | 52:30 | 17 | 52:30 |
| Ilseburg/Markt | 4.50 | 49:41 | 11:02 | 17 | 13:05 | 17 | 13:05 | 24.90 | 4:29:54 | 10:50 | 17 | 1:05:35 | 17 | 1:05:35 |