



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Mario Lucas

Number: 841

Course: 24.90 km
24,9 km - Wanderung

Category:
Männer

Total time: 4:33:44

Speed: 5.26 km/h
Running performance: 10:59 min/km

Rank in course/Total: 37 (of 70)

Rank in course/Men: 18 (of 24)

Best time in course: 3:24:19

Rank in category: 18(of 24)

Best time in the category: 3:24:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	42:20	10:19	9	6:09	9	6:09	4.10	42:20	10:19	9	6:09	9	6:09
Plessenburg	2.40	23:45	9:53	14	4:50	14	4:50	6.50	1:06:05	10:09	11	9:50	11	9:50
Oehrenfeld	3.40	32:34	9:34	9	7:53	9	7:53	9.90	1:38:39	9:57	10	17:25	10	17:25
Ilsestein	4.80	54:14	11:17	19	12:16	19	12:16	14.70	2:32:53	10:24	13	29:41	13	29:41
Plessenburg	2.30	29:00	12:36	21	9:24	21	9:24	17.00	3:01:53	10:41	18	39:02	18	39:02
Oehrenfeld	3.40	41:39	12:15	20	16:47	20	16:47	20.40	3:43:32	10:57	18	55:49	18	55:49
Ilseburg/Markt	4.50	50:12	11:09	18	13:36	18	13:36	24.90	4:33:44	10:59	18	1:09:25	18	1:09:25