



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Stefan Vehlow

Number: 874

Course: 24.90 km
24,9 km - Wanderung

Category:
Männer

Total time: 4:58:23

Speed: 4.83 km/h
Running performance: 11:58 min/km

Rank in course/Total: 50 (of 70)

Rank in course/Men: 20 (of 24)

Best time in course: 3:24:19

Rank in category: 20(of 24)

Best time in the category: 3:24:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	48:23	11:48	20	12:12	20	12:12	4.10	48:23	11:48	20	12:12	20	12:12
Plessenburg	2.40	27:24	11:24	20	8:29	20	8:29	6.50	1:15:47	11:39	19	19:32	19	19:32
Oehrenfeld	3.40	38:32	11:20	19	13:51	19	13:51	9.90	1:54:19	11:32	19	33:05	19	33:05
Ilsestein	4.80	1:01:26	12:47	21	19:28	21	19:28	14.70	2:55:45	11:57	20	52:33	20	52:33
Plessenburg	2.30	28:53	12:33	20	9:17	20	9:17	17.00	3:24:38	12:02	20	1:01:47	20	1:01:47
Oehrenfeld	3.40	38:49	11:25	19	13:57	19	13:57	20.40	4:03:27	11:56	20	1:15:44	20	1:15:44
Ilseburg/Markt	4.50	54:56	12:12	23	18:20	23	18:20	24.90	4:58:23	11:58	20	1:34:04	20	1:34:04