



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Ingo Thiele

Number: 870

Course: 24.90 km
24,9 km - Wanderung

Category:
Männer

Total time: 5:11:22

Speed: 4.62 km/h
Running performance: 12:30 min/km

Rank in course/Total: 55 (of 70)

Rank in course/Men: 21 (of 24)

Best time in course: 3:24:19

Rank in category: 21(of 24)

Best time in the category: 3:24:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	47:55	11:41	19	11:44	19	11:44	4.10	47:55	11:41	19	11:44	19	11:44
Plessenburg	2.40	30:05	12:32	22	11:10	22	11:10	6.50	1:18:00	12:00	21	21:45	21	21:45
Oehrenfeld	3.40	38:32	11:20	19	13:51	19	13:51	9.90	1:56:32	11:46	21	35:18	21	35:18
Ilsestein	4.80	1:00:08	12:31	20	18:10	20	18:10	14.70	2:56:40	12:01	21	53:28	21	53:28
Plessenburg	2.30	30:21	13:11	22	10:45	22	10:45	17.00	3:27:01	12:10	21	1:04:10	21	1:04:10
Oehrenfeld	3.40	49:33	14:34	22	24:41	22	24:41	20.40	4:16:34	12:34	21	1:28:51	21	1:28:51
Ilseburg/Markt	4.50	54:48	12:10	22	18:12	22	18:12	24.90	5:11:22	12:30	21	1:47:03	21	1:47:03