



53. Brockenlauf  
Ilseburg / 07.09.2024

Detailed evaluation

Axel Hentsch

Club: Glindower Alpenläufer  
Number: 819

Course: 24.90 km  
24,9 km - Wanderung

Category:  
Männer

Total time: 6:01:10

Speed: 3.99 km/h  
Running performance: 14:30 min/km

Rank in course/Total: 63 (of 70)

Rank in course/Men: 23 (of 24)

Best time in course: 3:24:19

Rank in category: 23(of 24)

Best time in the category: 3:24:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	1:00:30	14:45	24	24:19	24	24:19	4.10	1:00:30	14:45	24	24:19	24	24:19
Plessenburg	2.40	35:00	14:35	24	16:05	24	16:05	6.50	1:35:30	14:41	24	39:15	24	39:15
Oehrenfeld	3.40	45:39	13:25	24	20:58	24	20:58	9.90	2:21:09	14:15	24	59:55	24	59:55
Ilsestein	4.80	1:16:28	15:55	23	34:30	23	34:30	14.70	3:37:37	14:48	23	1:34:25	23	1:34:25
Plessenburg	2.30	39:00	16:57	23	19:24	23	19:24	17.00	4:16:37	15:05	23	1:53:46	23	1:53:46
Oehrenfeld	3.40	51:43	15:12	23	26:51	23	26:51	20.40	5:08:20	15:06	23	2:20:37	23	2:20:37
Ilseburg/Markt	4.50	52:50	11:44	20	16:14	20	16:14	24.90	6:01:10	14:30	23	2:36:51	23	2:36:51