



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Lara Haberlag

Club: Grundschule Prinzess Ilse
Number: 932

Course: 1.80 km
1,8 km - Lauf

Category:
weibliche Kinder U10 (8-9)

Total time: 10:15

Speed: 5.85 km/h
Running performance: 5:41 min/km

Rank in course/Total: 82 (of 122)

Rank in course/Women: 40 (of 60)

Best time in course: 6:52

Rank in category: 19(of 24)

Best time in the category: 7:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Control	0.90	5:24	6:00	20	1:32	50	1:49	0.90	5:24	6:00	20	1:32	51	1:49
Ilseburg/Markt	0.90	4:51	5:23	17	1:01	36	1:34	1.80	10:15	5:41	19	2:33	40	3:23