



# 8. Erfurter Campuslauf

Erfurt / 26.06.2024

## Detailed evaluation

**Sina Diana Müller**

Club: LAC Erfurt

Number: 148

Course: 2.00 km/Lap

Hauptlauf

Category:

Frauen (20-29)

Total time: 43:02

Speed: 13.94 km/h

Running performance: 4:18 min/km

Laps: 5 (10 km)

Rank in course/Women: 1 (of 28)

Rank in category: 1(of 20)

### Intermediate times

### Stage score

### Total ranking

| Control | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score  |                 | Total       |               | Total           |             | Total          |              | Total ranking   |  |
|---------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|--|
|         |             |               |                 |             |                | Pos<br>Women | Behind<br>Women | Total<br>km | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women |  |
| Lap 1   | 2.00        | 8:19          | 4:09            | 1           | -              | 1            | -               | 2.00        | 8:19          | 4:09            | 1           | -              | 1            | -               |  |
| Lap 2   | 2.00        | 8:21          | 4:10            | 1           | -              | 1            | -               | 4.00        | 16:40         | 4:10            | 1           | -              | 1            | -               |  |
| Lap 3   | 2.00        | 8:38          | 4:18            | 1           | -              | 1            | -               | 6.00        | 25:18         | 4:13            | 1           | -              | 1            | -               |  |
| Lap 4   | 2.00        | 9:17          | 4:38            | 2           | 0:08           | 2            | 0:08            | 8.00        | 34:35         | 4:19            | 1           | -              | 1            | -               |  |
| Lap 5   | 2.00        | 8:27          | 4:13            | 1           | -              | 1            | -               | 10.00       | 43:02         | 4:18            | 1           | -              | 1            | -               |  |