



8. Erfurter Campuslauf

Erfurt / 26.06.2024

Detailed evaluation

Nell-Lisa Simon

Club: HMU

Number: 165

Course: 2.00 km/Lap

Hauptlauf

Category:

Frauen (20-29)

Total time: 1:10:21

Speed: 8.53 km/h

Running performance: 7:02 min/km

Laps: 5 (10 km)

Rank in course/Women: 19 (of 28)

Rank in category: 13(of 20)

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	2.00	13:16	6:38	15	4:57	21	4:57	2.00	13:16	6:38	15	4:57	21	4:57
Lap 2	2.00	13:30	6:45	12	5:09	17	5:09	4.00	26:46	6:41	13	10:06	18	10:06
Lap 3	2.00	13:57	6:58	13	5:19	18	5:19	6.00	40:43	6:47	13	15:25	18	15:25
Lap 4	2.00	14:27	7:13	14	5:18	20	5:18	8.00	55:10	6:53	12	20:35	17	20:35
Lap 5	2.00	15:11	7:35	16	6:44	23	6:44	10.00	1:10:21	7:02	13	27:19	19	27:19