



8. Erfurter Campuslauf

Erfurt / 26.06.2024

Detailed evaluation

Josephine Groneberg

Number: 124

Course: 2.00 km/Lap

Hauptlauf

Category:

Frauen (20-29)

Total time: 45:17

Speed: 13.25 km/h

Running performance: 4:31 min/km

Laps: 5 (10 km)

Rank in course/Women: 2 (of 28)

Rank in category: 2(of 20)

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	2.00	8:42	4:20	2	0:23	2	0:23	2.00	8:42	4:20	2	0:23	2	0:23
Lap 2	2.00	9:02	4:30	2	0:41	2	0:41	4.00	17:44	4:26	2	1:04	2	1:04
Lap 3	2.00	9:05	4:32	2	0:27	2	0:27	6.00	26:49	4:28	2	1:31	2	1:31
Lap 4	2.00	9:09	4:34	1	-	1	-	8.00	35:58	4:29	2	1:23	2	1:23
Lap 5	2.00	9:19	4:39	2	0:52	2	0:52	10.00	45:17	4:31	2	2:15	2	2:15