



8. Erfurter Campuslauf

Erfurt / 26.06.2024

Detailed evaluation

Richard Ottma

Club: Jenaer Intervallexpress

Number: 198

Course: 2.00 km/Lap

Hauptlauf

Category:

Männer (20-29)

Total time: 37:26

Speed: 16.03 km/h

Running performance: 3:44 min/km

Laps: 5 (10 km)

Rank in course/Men: 5 (of 68)

Rank in category: 4(of 38)

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	2.00	6:58	3:29	4	0:22	5	0:22	2.00	6:58	3:29	4	0:22	5	0:22
Lap 2	2.00	7:20	3:39	4	0:37	5	0:37	4.00	14:18	3:34	4	0:59	5	0:59
Lap 3	2.00	7:40	3:50	4	0:57	5	0:57	6.00	21:58	3:39	4	1:56	5	1:56
Lap 4	2.00	7:49	3:54	4	1:01	5	1:01	8.00	29:47	3:43	4	2:56	5	2:56
Lap 5	2.00	7:39	3:49	4	1:01	5	1:01	10.00	37:26	3:44	4	3:57	5	3:57