



## 8. Erfurter Campuslauf

Erfurt / 26.06.2024

### Detailed evaluation

#### Friedrich Wache

Club: SSV Erfurt 02

Number: 170

Course: 2.00 km/Lap

Hauptlauf

Category:

Männer (20-29)

Total time: 43:14

Speed: 13.88 km/h

Running performance: 4:19 min/km

Laps: 5 (10 km)

Rank in course/Men: 10 (of 68)

Rank in category: 8(of 38)

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	km	Time			min/km	Pos Men	Behind Men
Lap 1	2.00	7:45	3:52	7	1:09	9	1:09	2.00	7:45	3:52	7	1:09	9	1:09
Lap 2	2.00	8:35	4:17	8	1:52	11	1:52	4.00	16:20	4:04	7	3:01	9	3:01
Lap 3	2.00	8:58	4:29	11	2:15	13	2:15	6.00	25:18	4:13	7	5:16	9	5:16
Lap 4	2.00	9:11	4:35	12	2:23	16	2:23	8.00	34:29	4:18	8	7:38	10	7:38
Lap 5	2.00	8:45	4:22	10	2:07	12	2:07	10.00	43:14	4:19	8	9:45	10	9:45