



8. Erfurter Campuslauf

Erfurt / 26.06.2024

Detailed evaluation

Leonard Dinter

Number: 187

Course: 2.00 km/Lap

Hauptlauf

Category:

Männer (20-29)

Total time: 44:41

Speed: 13.43 km/h

Running performance: 4:28 min/km

Laps: 5 (10 km)

Rank in course/Men: 18 (of 68)

Rank in category: 13(of 38)

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Pos Men	Behind Men
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.			
Lap 1	2.00	8:58	4:29	18	2:22	28	2:22	2.00	8:58	4:29	18	2:22	28	2:22	
Lap 2	2.00	8:50	4:25	12	2:07	16	2:07	4.00	17:48	4:27	13	4:29	18	4:29	
Lap 3	2.00	8:55	4:27	10	2:12	12	2:12	6.00	26:43	4:27	13	6:41	18	6:41	
Lap 4	2.00	9:08	4:33	10	2:20	13	2:20	8.00	35:51	4:28	13	9:00	18	9:00	
Lap 5	2.00	8:50	4:25	11	2:12	15	2:12	10.00	44:41	4:28	13	11:12	18	11:12	