



8. Erfurter Campuslauf

Erfurt / 26.06.2024

Detailed evaluation

Christopher Boß

Number: 195

Course: 2.00 km/Lap

Hauptlauf

Category:

Männer (20-29)

Total time: 47:18

Speed: 12.68 km/h

Running performance: 4:43 min/km

Laps: 5 (10 km)

Rank in course/Men: 25 (of 68)

Rank in category: 19(of 38)

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total		Total		Total		Pos		Behind	
				Cat.	Men	Cat.	Men	km	Time	min/km	Cat.	Men	Cat.	Men			
Lap 1	2.00	9:08	4:33	21	31	2:32	2:32	2.00	9:08	4:33	21	31	2:32	2:32	21	31	2:32
Lap 2	2.00	9:20	4:40	16	26	2:37	2:37	4.00	18:28	4:36	18	27	5:09	5:09	18	27	5:09
Lap 3	2.00	9:32	4:46	18	25	2:49	2:49	6.00	28:00	4:40	18	27	7:58	7:58	18	27	7:58
Lap 4	2.00	9:38	4:48	17	23	2:50	2:50	8.00	37:38	4:42	18	24	10:47	10:47	18	24	10:47
Lap 5	2.00	9:40	4:49	18	25	3:02	3:02	10.00	47:18	4:43	19	25	13:49	13:49	19	25	13:49