



8. Erfurter Campuslauf

Erfurt / 26.06.2024

Detailed evaluation

Tomas Gerstl

Number: 121

Course: 2.00 km/Lap

Hauptlauf

Category:

Männer (20-29)

Total time: 49:41

Speed: 12.08 km/h

Running performance: 4:58 min/km

Laps: 5 (10 km)

Rank in course/Men: 34 (of 68)

Rank in category: 22(of 38)

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	2.00	8:54	4:27	13	2:18	23	2:18	2.00	8:54	4:27	13	2:18	23	2:18
Lap 2	2.00	9:31	4:45	20	2:48	33	2:48	4.00	18:25	4:36	17	5:06	26	5:06
Lap 3	2.00	10:17	5:08	22	3:34	38	3:34	6.00	28:42	4:46	21	8:40	32	8:40
Lap 4	2.00	10:31	5:15	22	3:43	35	3:43	8.00	39:13	4:54	22	12:22	34	12:22
Lap 5	2.00	10:28	5:14	27	3:50	42	3:50	10.00	49:41	4:58	22	16:12	34	16:12