



8. Erfurter Campuslauf

Erfurt / 26.06.2024

Detailed evaluation

Tom Nerlich

Number: 193

Course: 2.00 km/Lap

Hauptlauf

Category:

Männer (20-29)

Total time: 53:22

Speed: 11.24 km/h

Running performance: 5:20 min/km

Laps: 5 (10 km)

Rank in course/Men: 48 (of 68)

Rank in category: 28(of 38)

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	2.00	10:42	5:20	32	4:06	56	4:06	2.00	10:42	5:20	32	4:06	56	4:06
Lap 2	2.00	10:36	5:17	28	3:53	49	3:53	4.00	21:18	5:19	31	7:59	55	7:59
Lap 3	2.00	11:07	5:33	28	4:24	48	4:24	6.00	32:25	5:24	30	12:23	53	12:23
Lap 4	2.00	10:59	5:29	26	4:11	45	4:11	8.00	43:24	5:25	28	16:33	49	16:33
Lap 5	2.00	9:58	4:59	22	3:20	32	3:20	10.00	53:22	5:20	28	19:53	48	19:53