



8. Erfurter Campuslauf

Erfurt / 26.06.2024

Detailed evaluation

Luca Marvin Hindemith

Number: 179

Course: 2.00 km/Lap

Hauptlauf

Category:

Männer (20-29)

Total time: 56:43

Speed: 10.58 km/h

Running performance: 5:40 min/km

Laps: 5 (10 km)

Rank in course/Men: 58 (of 68)

Rank in category: 34(of 38)

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	2.00	10:21	5:10	30	3:45	54	3:45	2.00	10:21	5:10	30	3:45	54	3:45
Lap 2	2.00	10:02	5:00	24	3:19	41	3:19	4.00	20:23	5:05	28	7:04	48	7:04
Lap 3	2.00	11:52	5:56	33	5:09	58	5:09	6.00	32:15	5:22	29	12:13	52	12:13
Lap 4	2.00	12:35	6:17	36	5:47	61	5:47	8.00	44:50	5:36	34	17:59	59	17:59
Lap 5	2.00	11:53	5:56	33	5:15	57	5:15	10.00	56:43	5:40	34	23:14	58	23:14