



8. Erfurter Campuslauf

Erfurt / 26.06.2024

Detailed evaluation

Jan Overlöper

Number: 154

Course: 2.00 km/Lap

Hauptlauf

Category:

Männer (20-29)

Total time: 57:22

Speed: 10.46 km/h

Running performance: 5:44 min/km

Laps: 5 (10 km)

Rank in course/Men: 60 (of 68)

Rank in category: 35(of 38)

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	2.00	8:54	4:27	13	2:18	23	2:18	2.00	8:54	4:27	13	2:18	23	2:18
Lap 2	2.00	11:57	5:58	36	5:14	63	5:14	4.00	20:51	5:12	29	7:32	51	7:32
Lap 3	2.00	12:31	6:15	36	5:48	61	5:48	6.00	33:22	5:33	34	13:20	60	13:20
Lap 4	2.00	11:32	5:46	33	4:44	57	4:44	8.00	44:54	5:36	35	18:03	60	18:03
Lap 5	2.00	12:28	6:14	36	5:50	60	5:50	10.00	57:22	5:44	35	23:53	60	23:53