



8. Erfurter Campuslauf

Erfurt / 26.06.2024

Detailed evaluation

Alexander Cramer

Number: 112

Course: 2.00 km/Lap

Hauptlauf

Category:

Männer (20-29)

Total time: 1:31:34

Speed: 6.55 km/h

Running performance: 9:09 min/km

Laps: 5 (10 km)

Rank in course/Men: 67 (of 68)

Rank in category: 38(of 38)

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	2.00	14:18	7:09	38	7:42	67	7:42	2.00	14:18	7:09	38	7:42	67	7:42
Lap 2	2.00	16:24	8:11	38	9:41	68	9:41	4.00	30:42	7:40	38	17:23	68	17:23
Lap 3	2.00	18:21	9:10	38	11:38	68	11:38	6.00	49:03	8:10	38	29:01	68	29:01
Lap 4	2.00	22:02	11:01	38	15:14	67	15:14	8.00	1:11:05	8:53	38	44:14	67	44:14
Lap 5	2.00	20:29	10:14	38	13:51	67	13:51	10.00	1:31:34	9:09	38	58:05	67	58:05