



8. Erfurter Campuslauf

Erfurt / 26.06.2024

Detailed evaluation

Robert Werther

Club: PaceMaker

Number: 175

Course: 2.00 km/Lap

Hauptlauf

Category:

Senioren M30 (30-34)

Total time: 45:54

Speed: 13.07 km/h

Running performance: 4:35 min/km

Laps: 5 (10 km)

Rank in course/Men: 19 (of 68)

Rank in category: 4(of 9)

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	2.00	9:40	4:49	4	3:03	37	3:04	2.00	9:40	4:49	4	3:03	37	3:04
Lap 2	2.00	9:03	4:31	4	2:20	21	2:20	4.00	18:43	4:40	4	5:23	32	5:24
Lap 3	2.00	9:01	4:30	2	2:12	14	2:18	6.00	27:44	4:37	4	7:35	22	7:42
Lap 4	2.00	9:04	4:31	2	2:08	12	2:16	8.00	36:48	4:35	4	9:43	19	9:57
Lap 5	2.00	9:06	4:32	4	2:09	20	2:28	10.00	45:54	4:35	4	11:52	19	12:25