



8. Erfurter Campuslauf

Erfurt / 26.06.2024

Detailed evaluation

Florian Oppitz

Number: 153

Course: 2.00 km/Lap

Hauptlauf

Category:

Senioren M30 (30-34)

Total time: 52:34

Speed: 11.41 km/h

Running performance: 5:15 min/km

Laps: 5 (10 km)

Rank in course/Men: 43 (of 68)

Rank in category: 6(of 9)

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	2.00	10:03	5:01	7	3:26	49	3:27	2.00	10:03	5:01	7	3:26	49	3:27	
Lap 2	2.00	10:23	5:11	7	3:40	45	3:40	4.00	20:26	5:06	7	7:06	49	7:07	
Lap 3	2.00	10:58	5:29	7	4:09	47	4:15	6.00	31:24	5:14	7	11:15	45	11:22	
Lap 4	2.00	10:47	5:23	6	3:51	42	3:59	8.00	42:11	5:16	7	15:06	45	15:20	
Lap 5	2.00	10:23	5:11	6	3:26	41	3:45	10.00	52:34	5:15	6	18:32	43	19:05	