



8. Erfurter Campuslauf

Erfurt / 26.06.2024

Detailed evaluation

Matthias Nöll

Club: PaceMaker

Number: 152

Course: 2.00 km/Lap

Hauptlauf

Category:

Senioren M35 (35-39)

Total time: 47:48

Speed: 12.55 km/h

Running performance: 4:46 min/km

Laps: 5 (10 km)

Rank in course/Men: 27 (of 68)

Rank in category: 3(of 7)

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	2.00	9:41	4:50	4	1:01	40	3:05	2.00	9:41	4:50	4	1:01	40	3:05
Lap 2	2.00	9:10	4:34	4	0:14	23	2:27	4.00	18:51	4:42	5	1:15	35	5:32
Lap 3	2.00	9:28	4:44	2	0:22	23	2:45	6.00	28:19	4:43	3	1:37	29	8:17
Lap 4	2.00	9:44	4:51	2	0:36	25	2:56	8.00	38:03	4:45	3	2:13	28	11:12
Lap 5	2.00	9:45	4:52	2	1:00	26	3:07	10.00	47:48	4:46	3	3:13	27	14:19