



8. Erfurter Campuslauf

Erfurt / 26.06.2024

Detailed evaluation

Thomas Dittrich

Club: PaceMaker

Number: 113

Course: 2.00 km/Lap

Hauptlauf

Category:

Senioren M35 (35-39)

Total time: 55:19

Speed: 10.85 km/h

Running performance: 5:31 min/km

Laps: 5 (10 km)

Rank in course/Men: 54 (of 68)

Rank in category: 7(of 7)

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	2.00	10:13	5:06	7	1:33	52	3:37	2.00	10:13	5:06	7	1:33	52	3:37	
Lap 2	2.00	10:49	5:24	7	1:53	54	4:06	4.00	21:02	5:15	7	3:26	54	7:43	
Lap 3	2.00	11:12	5:35	7	2:06	51	4:29	6.00	32:14	5:22	7	5:32	51	12:12	
Lap 4	2.00	11:28	5:44	7	2:20	56	4:40	8.00	43:42	5:27	7	7:52	51	16:51	
Lap 5	2.00	11:37	5:48	7	2:52	55	4:59	10.00	55:19	5:31	7	10:44	53	21:50	