



8. Erfurter Campuslauf

Erfurt / 26.06.2024

Detailed evaluation

Daniel Reinhardt-Felbel

Club: X-Runners Jena e.V.

Number: 185

Course: 2.00 km/Lap

Hauptlauf

Category:

Senioren M40 (40-44)

Total time: 48:34

Speed: 12.35 km/h

Running performance: 4:51 min/km

Laps: 5 (10 km)

Rank in course/Men: 32 (of 68)

Rank in category: 1(of 4)

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	2.00	8:50	4:25	1	-	20	2:14	2.00	8:50	4:25	1	-	20	2:14
Lap 2	2.00	9:13	4:36	1	-	25	2:30	4.00	18:03	4:30	1	-	21	4:44
Lap 3	2.00	9:49	4:54	1	-	29	3:06	6.00	27:52	4:38	1	-	24	7:50
Lap 4	2.00	10:20	5:10	1	-	33	3:32	8.00	38:12	4:46	1	-	30	11:21
Lap 5	2.00	10:22	5:11	1	-	39	3:44	10.00	48:34	4:51	1	-	32	15:05