



8. Erfurter Campuslauf

Erfurt / 26.06.2024

Detailed evaluation

Matthias Wiedemann

Club: TTC Südost Erfurt

Number: 176

Course: 2.00 km/Lap

Hauptlauf

Category:

Senioren M40 (40-44)

Total time: 50:49

Speed: 11.81 km/h

Running performance: 5:04 min/km

Laps: 5 (10 km)

Rank in course/Men: 39 (of 68)

Rank in category: 2(of 4)

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	2.00	9:31	4:45	2	0:41	35	2:55	2.00	9:31	4:45	2	0:41	35	2:55
Lap 2	2.00	9:45	4:52	2	0:32	37	3:02	4.00	19:16	4:48	2	1:13	38	5:57
Lap 3	2.00	10:10	5:04	2	0:21	36	3:27	6.00	29:26	4:54	2	1:34	39	9:24
Lap 4	2.00	10:38	5:18	2	0:18	37	3:50	8.00	40:04	5:00	2	1:52	39	13:13
Lap 5	2.00	10:45	5:22	2	0:23	44	4:07	10.00	50:49	5:04	2	2:15	39	17:20