



8. Erfurter Campuslauf

Erfurt / 26.06.2024

Detailed evaluation

Volker Böhm

Number: 104

Course: 2.00 km/Lap

Hauptlauf

Category:

Senioren M40 (40-44)

Total time: 1:09:52

Speed: 8.59 km/h

Running performance: 6:59 min/km

Laps: 5 (10 km)

Rank in course/Men: 64 (of 68)

Rank in category: 4(of 4)

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	2.00	13:52	6:56	4	5:02	66	7:16	2.00	13:52	6:56	4	5:02	66	7:16
Lap 2	2.00	13:54	6:57	4	4:41	65	7:11	4.00	27:46	6:56	4	9:43	66	14:27
Lap 3	2.00	14:12	7:05	4	4:23	64	7:29	6.00	41:58	6:59	4	14:06	65	21:56
Lap 4	2.00	14:08	7:03	4	3:48	64	7:20	8.00	56:06	7:00	4	17:54	64	29:15
Lap 5	2.00	13:46	6:53	4	3:24	64	7:08	10.00	1:09:52	6:59	4	21:18	64	36:23