



8. Erfurter Campuslauf

Erfurt / 26.06.2024

Detailed evaluation

Uwe Hirte

Number: 131

Course: 2.00 km/Lap

Hauptlauf

Category:

Senioren M60 (60-64)

Total time: 1:12:59

Speed: 8.22 km/h

Running performance: 7:17 min/km

Laps: 5 (10 km)

Rank in course/Men: 66 (of 68)

Rank in category: 2(of 2)

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	2.00	13:03	6:31	1	-	65	6:27	2.00	13:03	6:31	1	-	65	6:27
Lap 2	2.00	14:06	7:02	1	-	66	7:23	4.00	27:09	6:47	1	-	65	13:50
Lap 3	2.00	15:07	7:33	2	0:04	67	8:24	6.00	42:16	7:02	1	-	66	22:14
Lap 4	2.00	15:10	7:34	2	0:30	66	8:22	8.00	57:26	7:10	1	-	65	30:35
Lap 5	2.00	15:33	7:46	2	1:53	66	8:55	10.00	1:12:59	7:17	2	0:09	66	39:30