



8. Hexengrund-Triathlon Engerda

Engerda / 14.09.2024

Detailed evaluation

3 Sahneschnitten

Total time: 3:26:52

Number: 304

Speed: 13.92 km/h

Running performance: 4:14 min/km

Course: 48.80 km

Staffel 48,8 km

Rank in course: 17 (of 17)

Best time in course: 1:59:25

Category:

Rank in category: 1(of 1)

Frauenstaffel

Best time in the category: 3:26:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Total	Behind Total	Pos Total	Behind Total							
Schwimmen nett	0.80	20:01	25:01	1	-	15	9:33	0.80	20:01	25:01	1	-	15	9:33		
Wechsel Schw.-R	-	0:34	-	1	-	12	0:15	0.80	20:35	-	1	-	16	9:44		
Runde Rad	38.00	2:00:45	3:10	1	-	17	47:53	38.80	2:21:20	3:38	1	-	17	57:37		
Wechsel Rad-Lau	-	0:14	-	1	-	12	0:06	38.80	2:21:34	-	1	-	17	57:41		
Lauf	10.00	1:05:18	6:31	1	-	16	30:15	48.80	3:26:52	4:14	1	-	17	1:27:27		