



8. Hexengrund-Triathlon Engerda

Engerda / 14.09.2024

Detailed evaluation

Soft-Eggs

Total time: 3:09:20

Number: 317

Speed: 15.21 km/h

Running performance: 3:52 min/km

Course: 48.80 km

Staffel 48,8 km

Rank in course: 15 (of 17)

Best time in course: 1:59:25

Category:

Rank in category: 10(of 10)

Männerstaffel

Best time in the category: 1:59:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Total	Behind Total	Pos Total	Behind Total							
Schwimmen nett	0.80	19:44	24:40	9	9:16	13	9:16	0.80	19:44	24:40	9	9:16	13	9:16		
Wechsel Schw.-R	-	0:31	-	5	0:12	9	0:12	0.80	20:15	-	9	9:24	13	9:24		
Runde Rad	38.00	1:54:58	3:01	10	42:06	16	42:06	38.80	2:15:13	3:29	10	51:30	16	51:30		
Wechsel Rad-Lau	-	0:14	-	7	0:04	12	0:06	38.80	2:15:27	-	10	51:34	16	51:34		
Lauf	10.00	53:53	5:23	10	18:50	14	18:50	48.80	3:09:20	3:52	10	1:09:55	15	1:09:55		