



# 8. Hexengrund-Triathlon Engerda

Engerda / 14.09.2024

## Detailed evaluation

### Hexathlon

Club: EKC

Number: 315

Course: 48.80 km

Staffel 48,8 km

Category:

Mixstaffel

Total time: 2:38:12

Speed: 18.20 km/h

Running performance: 3:14 min/km

Rank in course: 10 (of 17)

Best time in course: 1:59:25

Rank in category: 3(of 6)

Best time in the category: 2:13:44

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Schwimmen nett	0.80	17:48	22:15	2	2:53	10	7:20	0.80	17:48	22:15	2	2:53	10	7:20
Wechsel Schw.-R	-	0:27	-	4	0:08	7	0:08	0.80	18:15	-	3	3:01	10	7:24
Runde Rad	38.00	1:35:42	2:31	3	17:12	9	22:50	38.80	1:53:57	2:56	3	20:13	9	30:14
Wechsel Rad-Lau	-	0:13	-	4	0:05	8	0:05	38.80	1:54:10	-	3	20:15	9	30:17
Lauf	10.00	44:02	4:24	3	4:13	10	8:59	48.80	2:38:12	3:14	3	24:28	10	38:47