



8. Hexengrund-Triathlon Engerda

Engerda / 14.09.2024

Detailed evaluation

Nils Morten Hennersdorf

Total time: 1:55:07

Club: SV 1883 Schwarza Schwimmen

Number: 27

Course: 37.00 km

Rank in course/Total: 14 (of 56)

Hexengrund-Triathlon

Rank in course/Men: 14 (of 38)

Best time in course: 1:36:42

Category:

Rank in category: 1(of 1)

AK 20 M

Best time in the category: 1:55:07

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	7:46	15:31	1	-	5	7:43	0.50	7:46	15:31	1	-	5	7:43
Wechsel Schw.-R	-	1:53	-	1	-	11	1:08	0.50	9:39	19:18	1	-	3	1:29
Schwimmen Total	0.50	9:39	19:18	1	-	3	1:29	0.50	9:39	19:18	1	-	3	1:29
Rad netto	29.00	1:09:31	2:23	1	-	19	12:17	29.50	1:19:10	2:41	1	-	11	13:46
Wechsel Rad-Lauf	-	0:51	-	1	-	28	0:37	29.50	1:20:01	2:42	1	-	11	14:04
Rad Total	29.00	1:10:22	2:25					29.50	1:20:01	2:42	1	-	11	14:04
Lauf	7.50	35:06	4:40	1	-	16	7:41	37.00	1:55:07	3:06	1	-	14	18:25