



8. Hexengrund-Triathlon Engerda

Engerda / 14.09.2024

Detailed evaluation

Sarah Hess

Total time: 1:58:46

Club: Saalfeld

Number: 58

Course: 37.00 km

Rank in course/Total: 16 (of 56)

Hexengrund-Triathlon

Rank in course/Women: 1 (of 18)

Best time in course: 1:58:46

Rank in category: 16(of 4)

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	11:07	22:14	1	-	3	1:14	0.50	11:07	22:14	1	-	3	1:14
Wechsel Schw.-R	-	2:14	-	1	-	6	0:56	0.50	13:21	26:41	1	-	4	1:52
Schwimmen Total	0.50	13:21	26:41	1	-	4	1:52	0.50	13:21	26:41	1	-	4	1:52
Rad netto	29.00	1:10:26	2:25	1	-	1	-	29.50	1:23:47	2:50	1	-	1	-
Wechsel Rad-Lauf	-	0:14	-	1	-	1	-	29.50	1:24:01	2:50	1	-	1	-
Rad Total	29.00	1:10:40	2:26	1	-	1	-	29.50	1:24:01	2:50	1	-	1	-
Lauf	7.50	34:45	4:38	2	0:25	3	21:17	37.00	1:58:46	3:12	1	-	1	-