



8. Hexengrund-Triathlon Engerda

Engerda / 14.09.2024

Detailed evaluation

Marius Steege

Total time: 2:00:43

Number: 3

Course: 37.00 km

Rank in course/Total: 20 (of 56)

Hexengrund-Triathlon

Rank in course/Men: 19 (of 38)

Best time in course: 1:36:42

Rank in category: 20(of 4)

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:59	21:57	2	1:48	18	3:39	0.50	10:59	21:57	2	1:48	18	3:39
Wechsel Schw.-R	-	2:37	-	2	0:28	21	1:52	0.50	13:36	27:11	2	2:16	17	5:26
Schwimmen Total	0.50	13:36	27:11	2	2:16	17	5:26	0.50	13:36	27:11	2	2:16	17	5:26
Rad netto	29.00	1:14:22	2:33	3	11:51	21	17:08	29.50	1:27:58	2:58	3	7:48	22	22:34
Wechsel Rad-Lauf	-	0:45	-	4	0:31	22	0:31	29.50	1:28:43	3:00	3	8:19	21	22:46
Rad Total	29.00	1:15:07	2:35	3	12:04	22	17:20	29.50	1:28:43	3:00	3	8:19	21	22:46
Lauf	7.50	32:00	4:15	3	4:35	10	4:35	37.00	2:00:43	3:15	3	12:54	19	24:01