



8. Hexengrund-Triathlon Engerda

Engerda / 14.09.2024

Detailed evaluation

Sarah Roloff

Total time: 2:00:45

Club: Triathlon Jena

Number: 50

Course: 37.00 km

Rank in course/Total: 21 (of 56)

Hexengrund-Triathlon

Rank in course/Women: 2 (of 18)

Best time in course: 1:58:46

Rank in category: 21(of 2)

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Schwimmen nett | 0.50 | 10:39 | 21:18 | 1 | - | 2 | 0:46 | 0.50 | 10:39 | 21:18 | 1 | - | 2 | 0:46 |
| Wechsel Schw.-R | - | 1:18 | - | 1 | - | 1 | - | 0.50 | 11:57 | 23:53 | 1 | - | 2 | 0:28 |
| Schwimmen Total | 0.50 | 11:57 | 23:53 | 1 | - | 2 | 0:28 | 0.50 | 11:57 | 23:53 | 1 | - | 2 | 0:28 |
| Rad netto | 29.00 | 1:11:59 | 2:28 | 1 | - | 2 | 1:33 | 29.50 | 1:23:56 | 2:50 | 1 | - | 2 | 0:09 |
| Wechsel Rad-Lauf | - | 0:37 | - | 2 | 0:18 | 13 | 0:23 | 29.50 | 1:24:33 | 2:51 | 1 | - | 2 | 0:32 |
| Rad Total | 29.00 | 1:12:36 | 2:30 | 1 | - | 2 | 1:56 | 29.50 | 1:24:33 | 2:51 | 1 | - | 2 | 0:32 |
| Lauf | 7.50 | 36:12 | 4:49 | 1 | - | 4 | 22:44 | 37.00 | 2:00:45 | 3:15 | 1 | - | 2 | 1:59 |