



8. Hexengrund-Triathlon Engerda

Engerda / 14.09.2024

Detailed evaluation

Thomas Ziebell

Total time: 2:29:47

Club: Saalfelder Schwimmverein

Number: 26

Course: 37.00 km

Rank in course/Total: 43 (of 56)

Hexengrund-Triathlon

Rank in course/Men: 33 (of 38)

Best time in course: 1:36:42

Category:

Rank in category: 7(of 10)

AK 40, Senioren 1

Best time in the category: 1:36:42

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:42	25:23	7	5:22	26	12:39	0.50	12:42	25:23	7	5:22	26	12:39
Wechsel Schw.-R	-	4:22	-	9	3:35	32	3:37	0.50	17:04	34:07	6	8:54	28	8:54
Schwimmen Total	0.50	17:04	34:07	6	8:54	28	8:54	0.50	17:04	34:07	6	8:54	28	8:54
Rad netto	29.00	1:29:22	3:04	9	32:08	36	32:08	29.50	1:46:26	3:36	9	41:02	35	41:02
Wechsel Rad-Lauf	-	0:16	-	1	-	3	0:02	29.50	1:46:42	3:37	9	40:45	35	40:45
Rad Total	29.00	1:29:38	3:05					29.50	1:46:42	3:37	9	40:45	35	40:45
Lauf	7.50	43:05	5:44	7	13:31	29	15:40	37.00	2:29:47	4:02	7	53:05	33	53:05