



8. Hexengrund-Triathlon Engerda

Engerda / 14.09.2024

Detailed evaluation

Stephan Windorf

Total time: 2:33:56

Number: 13

Course: 37.00 km

Rank in course/Total: 45 (of 56)

Hexengrund-Triathlon

Rank in course/Men: 35 (of 38)

Best time in course: 1:36:42

Category:

Rank in category: 9(of 10)

AK 40, Senioren 1

Best time in the category: 1:36:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	16:53	33:45	10	9:33	37	16:50	0.50	16:53	33:45	10	9:33	37	16:50
Wechsel Schw.-R	-	2:54	-	6	2:07	23	2:09	0.50	19:47	39:34	10	11:37	35	11:37
Schwimmen Total	0.50	19:47	39:34	10	11:37	35	11:37	0.50	19:47	39:34	10	11:37	35	11:37
Rad netto	29.00	1:26:23	2:58	8	29:09	32	29:09	29.50	1:46:10	3:35	8	40:46	34	40:46
Wechsel Rad-Lauf	-	0:23	-	2	0:07	8	0:09	29.50	1:46:33	3:36	8	40:36	33	40:36
Rad Total	29.00	1:26:46	2:59					29.50	1:46:33	3:36	8	40:36	33	40:36
Lauf	7.50	47:23	6:19	9	17:49	36	19:58	37.00	2:33:56	4:09	9	57:14	35	57:14