



# 8. Hexengrund-Triathlon Engerda

Engerda / 14.09.2024

## Detailed evaluation

**Christian Rudolph**

**Total time: 2:37:07**

Club: Feuerwehr Uhlstädt-Kirchhasel

Number: 34

Course: 37.00 km

Rank in course/Total: 49 (of 56)

Hexengrund-Triathlon

Rank in course/Men: 38 (of 38)

Best time in course: 1:36:42

Category:

Rank in category: 10(of 10)

AK 40, Senioren 1

Best time in the category: 1:36:42

### Intermediate times

### Stage score

### Total ranking

| Control          | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|                  |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Schwimmen nett   | 0.50        | 14:30         | 29:00           | 8           | 7:10           | 32          | 14:27         | 0.50          | 14:30         | 29:00           | 8           | 7:10           | 32         | 14:27         |
| Wechsel Schw.-R  | -           | 3:56          | -               | 8           | 3:09           | 30          | 3:11          | 0.50          | 18:26         | 36:52           | 9           | 10:16          | 31         | 10:16         |
| Schwimmen Total  | 0.50        | 18:26         | 36:52           | 9           | 10:16          | 31          | 10:16         | 0.50          | 18:26         | 36:52           | 9           | 10:16          | 31         | 10:16         |
| Rad netto        | 29.00       | 1:23:15       | 2:52            | 7           | 26:01          | 30          | 26:01         | 29.50         | 1:41:41       | 3:26            | 7           | 36:17          | 30         | 36:17         |
| Wechsel Rad-Lauf | -           | 1:09          | -               | 9           | 0:53           | 34          | 0:55          | 29.50         | 1:42:50       | 3:29            | 7           | 36:53          | 30         | 36:53         |
| Rad Total        | 29.00       | 1:24:24       | 2:54            |             |                |             |               | 29.50         | 1:42:50       | 3:29            | 7           | 36:53          | 30         | 36:53         |
| Lauf             | 7.50        | 54:17         | 7:14            | 10          | 24:43          | 38          | 26:52         | 37.00         | 2:37:07       | 4:14            | 10          | 1:00:25        | 38         | 1:00:25       |