



8. Hexengrund-Triathlon Engerda

Engerda / 14.09.2024

Detailed evaluation

Philipp Lorek

Total time: 2:18:30

Number: 46

Course: 37.00 km

Rank in course/Total: 31 (of 56)

Hexengrund-Triathlon

Rank in course/Men: 27 (of 38)

Best time in course: 1:36:42

Rank in category: 31(of 7)

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	14:34	29:07	7	5:56	33	7:14	0.50	14:34	29:07	7	5:56	33	7:14
Wechsel Schw.-R	-	1:48	-	1	-	9	1:03	0.50	16:22	32:44	4	5:53	25	8:12
Schwimmen Total	0.50	16:22	32:44	4	5:53	25	8:12	0.50	16:22	32:44	4	5:53	25	8:12
Rad netto	29.00	1:16:09	2:37	6	15:43	24	18:55	29.50	1:32:31	3:08	6	21:36	27	27:07
Wechsel Rad-Lauf	-	0:16	-	2	0:01	3	0:02	29.50	1:32:47	3:08	6	21:08	26	26:50
Rad Total	29.00	1:16:25	2:38	6	15:15	23	18:38	29.50	1:32:47	3:08	6	21:08	26	26:50
Lauf	7.50	45:43	6:05	7	16:32	33	18:18	37.00	2:18:30	3:44	6	37:40	27	41:48