



8. Hexengrund-Triathlon Engerda

Engerda / 14.09.2024

Detailed evaluation

Daniela Gohle

Total time: 2:19:03

Club: LAC Rudolstadt

Number: 38

Course: 37.00 km

Rank in course/Total: 32 (of 56)

Hexengrund-Triathlon

Rank in course/Women: 5 (of 18)

Best time in course: 1:58:46

Rank in category: 32(of 3)

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	11:38	23:15	2	0:14	7	1:45	0.50	11:38	23:15	2	0:14	7	1:45
Wechsel Schw.-R	-	2:00	-	2	0:23	4	0:42	0.50	13:38	27:15	2	0:37	6	2:09
Schwimmen Total	0.50	13:38	27:15	2	0:37	6	2:09	0.50	13:38	27:15	2	0:37	6	2:09
Rad netto	29.00	1:20:16	2:46	1	-	3	9:50	29.50	1:33:54	3:10	1	-	3	10:07
Wechsel Rad-Lauf	-	0:37	-	3	0:17	13	0:23	29.50	1:34:31	3:12	1	-	3	10:30
Rad Total	29.00	1:20:53	2:47	1	-	3	10:13	29.50	1:34:31	3:12	1	-	3	10:30
Lauf	7.50	44:32	5:56	2	4:58	9	31:04	37.00	2:19:03	3:45	1	-	5	20:17