



8. Hexengrund-Triathlon Engerda

Engerda / 14.09.2024

Detailed evaluation

Julia Rose-Mösch

Total time: 2:24:04

Number: 15

Course: 37.00 km

Rank in course/Total: 37 (of 56)

Hexengrund-Triathlon

Rank in course/Women: 8 (of 18)

Best time in course: 1:58:46

Category:

Rank in category: 2(of 5)

AK 40, Seniorinnen 1

Best time in the category: 2:16:49

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	11:27	22:53	2	1:34	6	1:34	0.50	11:27	22:53	2	1:34	6	1:34
Wechsel Schw.-R	-	3:33	-	3	1:57	13	2:15	0.50	15:00	30:00	3	3:31	9	3:31
Schwimmen Total	0.50	15:00	30:00	3	3:31	9	3:31	0.50	15:00	30:00	3	3:31	9	3:31
Rad netto	29.00	1:24:21	2:54	1	-	7	13:55	29.50	1:39:21	3:22	1	-	6	15:34
Wechsel Rad-Lauf	-	1:57	-	4	1:38	17	1:43	29.50	1:41:18	3:26	1	-	8	17:17
Rad Total	29.00	1:26:18	2:58					29.50	1:41:18	3:26	1	-	8	17:17
Lauf	7.50	42:46	5:42	2	29:18	7	29:18	37.00	2:24:04	3:53	2	7:15	8	25:18