



# 8. Hexengrund-Triathlon Engerda

Engerda / 14.09.2024

## Detailed evaluation

Claudia Hartung

Total time: 2:45:09

Number: 37

Course: 37.00 km

Rank in course/Total: 52 (of 56)

Hexengrund-Triathlon

Rank in course/Women: 14 (of 18)

Best time in course: 1:58:46

Category:

Rank in category: 5(of 5)

AK 40, Seniorinnen 1

Best time in the category: 2:16:49

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	14:27	28:53	4	4:34	15	4:34	0.50	14:27	28:53	4	4:34	15	4:34
Wechsel Schw.-R	-	6:15	-	5	4:39	18	4:57	0.50	20:42	41:23	5	9:13	18	9:13
Schwimmen Total	0.50	20:42	41:23	5	9:13	18	9:13	0.50	20:42	41:23	5	9:13	18	9:13
Rad netto	29.00	1:37:46	3:22	4	13:25	13	27:20	29.50	1:58:28	4:00	4	19:07	15	34:41
Wechsel Rad-Lauf	-	0:19	-	1	-	5	0:05	29.50	1:58:47	4:01	4	17:29	15	34:46
Rad Total	29.00	1:38:05	3:22					29.50	1:58:47	4:01	4	17:29	15	34:46
Lauf	7.50	46:22	6:10	3	32:54	12	32:54	37.00	2:45:09	4:27	5	28:20	14	46:23