



# 8. Hexengrund-Triathlon Engerda

Engerda / 14.09.2024

## Detailed evaluation

**Marco Kaiser**

**Total time: 1:51:35**

Club: Triathlon Jena e.V.

Number: 17

Course: 37.00 km

Rank in course/Total: 9 (of 56)

Hexengrund-Triathlon

Rank in course/Men: 9 (of 38)

Best time in course: 1:36:42

Category:

Rank in category: 1(of 4)

AK 45, Senioren 2

Best time in the category: 1:51:35

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:10	18:19	2	0:03	9	9:07	0.50	9:10	18:19	2	0:03	9	9:07
Wechsel Schw.-R	-	1:21	-	1	-	4	0:36	0.50	10:31	21:02	1	-	5	2:21
Schwimmen Total	0.50	10:31	21:02	1	-	5	2:21	0.50	10:31	21:02	1	-	5	2:21
Rad netto	29.00	1:06:49	2:18	1	-	12	9:35	29.50	1:17:20	2:37	1	-	9	11:56
Wechsel Rad-Lauf	-	0:29	-	1	-	12	0:15	29.50	1:17:49	2:38	1	-	9	11:52
Rad Total	29.00	1:07:18	2:19					29.50	1:17:49	2:38	1	-	9	11:52
Lauf	7.50	33:46	4:30	1	-	12	6:21	37.00	1:51:35	3:00	1	-	9	14:53