



8. Hexengrund-Triathlon Engerda

Engerda / 14.09.2024

Detailed evaluation

Ulrike Glatz

Total time: 2:20:18

Club: HSV Weimar Triathlon

Number: 35

Course: 37.00 km

Rank in course/Total: 33 (of 56)

Hexengrund-Triathlon

Rank in course/Women: 6 (of 18)

Best time in course: 1:58:46

Category:

Rank in category: 2(of 3)

AK 45, Seniorinnen 2

Best time in the category: 2:19:03

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	11:24	22:48	1	-	4	1:31	0.50	11:24	22:48	1	-	4	1:31
Wechsel Schw.-R	-	1:37	-	1	-	3	0:19	0.50	13:01	26:02	1	-	3	1:32
Schwimmen Total	0.50	13:01	26:02	1	-	3	1:32	0.50	13:01	26:02	1	-	3	1:32
Rad netto	29.00	1:27:23	3:00	2	7:07	8	16:57	29.50	1:40:24	3:24	2	6:30	8	16:37
Wechsel Rad-Lauf	-	0:20	-	1	-	7	0:06	29.50	1:40:44	3:24	2	6:13	7	16:43
Rad Total	29.00	1:27:43	3:01					29.50	1:40:44	3:24	2	6:13	7	16:43
Lauf	7.50	39:34	5:16	1	-	5	26:06	37.00	2:20:18	3:47	2	1:15	6	21:32